

58. (New) The clear, edible oil of claim 57, wherein about 55% to about 80% of the fatty acid moieties are MUFAs.

59. (New) The clear, edible oil of claim 58, wherein about 60% to about 70% of the fatty acid moieties are MUFAs.

60. (New) The clear, edible oil of claim 57, wherein less than about 6% of the fatty acid moieties are saturated fatty acids (SFAs).

61. (New) The clear, edible oil of claim 60, wherein about 0.1% to about 4% of the fatty acid moieties are SFAs.

62. (New) The clear, edible oil of claim 61, wherein about 0.5% to about 2% of the fatty acid moieties are SFAs.

63. (New) The clear, edible oil of claim 57, wherein less than 50% of the fatty acid moieties are polyunsaturated fatty acids (PUFAs).

64. (New) The clear, edible oil of claim 57, wherein the clear edible oil is free of solids at temperatures greater than about 60°F.

65. (New) The clear, edible oil of claim 57, wherein the unesterified sterol level is less than about 10%.

66. (New) The clear, edible oil of claim 58, wherein the unesterified sterol level is less than about 5%.

67. (New) The clear, edible oil of claim 59, wherein the unesterified sterol level is less than about 3%.

68. (New) An edible oil comprising more than about 10% of a sterol ester composition, the sterol composition comprising more than about 50% monounsaturated fatty acids, less than about 6% saturated fatty acids, and less than 50% polyunsaturated fatty acids, wherein the unesterified sterol level is less than about 10%, and wherein the edible oil is free of solids at room temperature.